

Survivorship Notes



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May and June 2014

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Dear Survivorship Community,

We're celebrating our 25th anniversary and currently at the Survivorship 2014 conference: Survivors Helping Survivors. All the hard work of a few volunteers and we have a gathering that is sure to support and educate all of us. Look for the Summer Journal for write ups of all the wonderful speakers.

We are growing. We would like you to help us welcome Spence Everson who has recently joined the Board of Directors.

Volunteers are what help make our movement grow. If you have a few hours and a willingness to give, sure hope you will consider including some of your talents to our ever growing family

<https://survivorship.org/volunteer-donate-to-survivorship/>

Welcome, to all our new members, new volunteers, and new board member!

Survivorship Board of Directors

Micaela, Neil, Spence, and Shamai

Survivorship's blog is at <https://survivorshipwp.wordpress.com>
Survivorship on *Twitter*: <https://twitter.com/Survivorshiporg>

Ritual Calendar 2014- Difficult Days

May

5/1 Beltane (May Day) Fire festival/celtic festival, Greatest Sabbat, fertility rites/open fields
5/5 Cinque de Mayo
5/5 Israel Independence Day (Yom Haatzmaut)
5/5 May day (Ireland)
5/8 V-E Day
5/9-5/13 Lumeria (three days Roman All Souls)
5/11 Mother's Day
5/14 Full Moon
5/18 Lag B'Omer (birthday of Jewish Mysticism)
5/21 Armed Forces Day
5/21 Ascension Day
5/27S Memorial Day
5/28 New Moon
5/29, 5/30 Memory day dedicated to Joan of Arc

June

6/1 Republic Day (Ireland)
6/3 Eastern orthodox Ascension Day 6/3
Shavuot 6/6
Queen Elizabeth's birthday (New Zealand 6/1 West Australia 6/28)
6/6 D Day (invasion of France in WW2)
6/12 Pentecost
6/13 Full Moon
6/16 Father's Day
6/21 First Nation's Day Canada
6/21 Summer Solstice, marked by torture, rape, sacrifice, infant consumption
6/21 Rituals of the Elements and Feast of the Times
6/23 Midsummer's Eve
6/23 St. John's Eve Fire Festival
6/24 Lighting the Midwinter Bonfires in New Zealand
6/27 New Moon

Farewell for Now

by Somerset, aka Jenny H.

Writing articles for our newsletter has been very healing for me. It has allowed me to continue exploring issues in my own healing, and to remind myself of the strength we have in community, in validating each other. It's nice for me to continually remember you are all out there. I know Survivorship continues to do that for all of us.

However, I'm going through a period when time is extremely scarce in my life, and my energy is spread very thin across multiple commitments. I'm sorry to say this will be my last column for a while. The best self-care for me right now is to simplify and reduce.

Before I sign off, I'd like to share some thoughts about safety.

I realized a couple of months ago that some anxiety that had been a constant companion in my life had faded. Some fears I had, had vanished. Some restrictions I could not get past had dissolved. I marveled at this and wondered why. Suddenly I realized that it was because I felt safe.

For a bunch of reasons, many obvious, adult survivors have trouble finding safety. We often struggle financially; we fall in with people who aren't trustworthy; we take risks.

A less obvious reason for this is that we don't suffer fools gladly. We don't buy into the system. We don't do hypocrisy or conformism. We've seen the truth, and we can't abide the lack of it in the daily works of our society, even in little ways. We don't do small talk or white lies. We can't sell out; it's extremely uncomfortable for us. We are often iconoclasts who build lives outside the norm.

This quality is one of my favorite things about survivors. On the other hand, it is an edgy way to live, a way of life that sometimes places us in the margins of community and financial safety. And safety is necessary in order to truly thrive.

Getting to a point where I can take good care of myself, even if it means working within the system to some extent, has allowed me to heal at a deep, exhaling level. It's okay with me to be ordinary, to conform, to have a job that pays me well so that I can be assured of having enough to eat. This is significant. Living a life of truth and activism is possible while still caring for myself, making sure I don't feel afraid. For me this requires financial safety, the assurance of good shelter, and a community that is not just other survivors, a light community of support.

Basically, I'm talking about Maslow's hierarchy of needs. And I'd like to suggest that giving ourselves permission to live lives that allow us to feel safe, that allow us to participate in the societies in which we find ourselves, does not have to mean compromising our ethics or beliefs. It's okay to be ordinary. I believe that one of the essential later stops on the journey of recovery is to make our lives easier, more comfortable, more secure. So that we can truly flourish and give back. We need to take really good, practical (and yes, boring) long-term care of ourselves to the extent that we possibly can.

It has been an honor to share my thoughts with this community. Thank you for reading.

Jenny

CONFERENCES, WEBINARS, WORKSHOPS, AND TRAINING

Recognizing and Responding to Child Abuse (Child Matters)

May 1, 2014

Auckland

<http://www.nzfvc.org.nz/?q=node/1640>

Mothers Marching in May

May 9-12, 2014

Washington DC

<https://stopabusecampaign.com/feature/marching-mothers>

CCAA (*Canadian Child Abuse Association*)

The Investigative Context, Testifying in Court and Preparing Children to Testify

Online sessions: May 12, 20, 26, 2014 at 7–8 PM

Alberta, Canada

<https://reg.conexsys.com/forensic13-14>

PODS

Living and Working with Dissociation

- 10 May 2014 in Kent
- 17 May 2014 in Exeter
- 14 June 2014 in Rotherham
- 12 July 2014 in Crawley
- 4 October 2014 in Darlington
- 29 November 2014 in Huntingdon
- 6 December 2014 in London

Trauma and the Body: Somatisation and Dissociation

7 June 2014 in Manchester

5 July 2014 in London

1 November 2014 in Ipswich

8 November 2014 in Rotherham

<http://www.pods-online.org.uk/>

info@pods-online.org.uk

<http://www.pods-online.org.uk/events.htm>

Summit on Abuse

May 1-4 2014

Silver Spring, MD

<http://www.enditnow.org/calendars/local-events/events/1593?uid=1593>

Joining Together Taking Action (CCAA)

May 4-7th, 2014

Calgary, AB

<http://us4.campaign-archive1.com/?u=ec71f6a61ac9ce5ac466865c1&id=020b3d23ce>

Child Protection and Well-Being

May 5-6, 2014

University Park, PA

<http://www.protectchildren.psu.edu/content/third-annual-conference-child-protection-and-well-being-set-may-2014-0>

Trauma and the Body: The Theory and Practice of Sensorimotor Psychotherapy (SPI)

May 7, 2014

From Knowledge to Practice

May 8-9, 2014

Helsinki, Finland

Trauma Conference

May 28-30, 2014

Boston, MA

Interventions for Enhancing Clinical Practice and EMDR

June 21, 2014

Washington, D.C

The Role of the Body

June 30-July 4 2014

Eastham, MA

studentservices@sensorimotor.org

<https://www.sensorimotorpsychotherapy.org/s50900022/detail>

<https://www.sensorimotorpsychotherapy.org/home/index.html>

Child Maltreatment Conference

May 8-9, 2014

La Crosse, Wisconsin

<http://mayoclinichealthsystem.org/locations/la-crosse/education/child-maltreatment>

Mothers Day March. Mothers of Lost Children will be marching again in Washington D. C.

May 9-12, 2014

<http://www.mothers-of-lost-children.com/>

Battered Mothers and Kids Custody

May 9 - 12, 2014

Washington DC

Domestic Violence Advocate Training

May 9, 2014

Mothering Under Duress

May 10, 2014

Mothers of Lost Children

May 11, 2014

Safe Child Coalition

May 12, 2014

<http://www.batteredmotherscustodyconference.org/registration2014.htm>

http://www.mothers-of-lost-children.com/MOLC_momsdays.htm

or

Collaborative Response to Interpersonal Violence
Domestic Violence, Sexual Assault and Child Abuse
May 14, 2014
Greenwood, SC
contact@beyondabuse.info

Missing and Exploited Children Conference (MECC)
May 13-May 15, 2014
Winnipeg, Manitoba
<https://protectchildren.ca/app/en/training#training-mecc>

SURVIVORSHIP
Survivors Helping Survivors
May 17-18, 2014
Oakland, CA
<https://survivorship.org/survivorship-ritual-abuse-and-child-abuse-2014-conference/>

Conference for America's Children
May 18 - 21, 2014
Jacksonville FL
<http://www.preventchildabuse.org/index.php/events/our-conferences>

Conference on Child Abuse and Neglect (EUCCAN)
May 21-23, 2014
Amsterdam
https://www.forensicinstitute.nl/about_nfi/news/conferences_and_symposia/second-european-conference-on-child-abuse-and-neglect.aspx

PSYCHOLOGICAL TRAUMA: Neuroscience, Attachment, and Therapeutic Interventions
May 28 - 31, 2014
Boston, MA
http://www.traumacenter.org/training/Trauma_Conf_2013.php

Trauma Talks: Advancing Cultural Understandings
May 30, 2014
Toronto, Ontario, Canada
<http://www.traumataalks.ca>
debbie@traumataalks.ca
416.323.6400 ext 4313

Conference
June 3rd and 4th, 2014
Boise, Idaho
<http://icdv.idaho.gov/conference/index.html>

Understanding Dissociation & Complex Dissociative Disorders (UD&CDD)

June 5, 2014

Supporting Survivors who have Dissociative Identity Disorder (SSDID)

June 6, 2014

Dundalk, Ireland

<http://www.eventbrite.co.uk/o/first-person-plural-3307090714>

APSAC

June 6-14, 2014

New Orleans, LA

(630) 941-1235

apsac@apsac.org

<http://www.apsac.org/mc/community/eventdetails.do?eventId=390148&orgId=apsac&recurringId=0>*Inte*

CASA Conference

June 7-10, 2014

Grapevine, TX

<http://www.sjccasa.org/events/2013-national-casa-conference.aspx>

APSAC

June 11-14, 2014

New Orleans, LA

http://www.apsac.org/index.php?option=com_mc&view=mc&mcid=72&eventId=390148&orgId=apsac

Paths to Healing

June 19, 2014

Madison, WI

<http://www.wcasa.org/pages/Events-Paths-To-Healing-2014.php>

Training and Networking Event

June 29, 2014

York, England.

<http://www.estd.org/other-conferences/estd-training-and-networking-event-29-june-2013/>

International Family Violence and Child Victimization Research Conference

July 13 - 15, 2014

Portsmouth, NH

<http://cola.unh.edu/fvl/conference>

Vital Cycles: Positively Healing Retreat

June 13-15, 2014

Hudson, NH

<http://www.vitalcycles.org/HealingEvents?eventId=873100&EventViewMode=EventDetails>

Child Abuse Prevention Conference

July 16-18, 2014

Glendale, AZ

<http://www.pcaaz.org/all-events/20th-arizona-child-abuse-prevention-conference/>

Trauma Conference (ACF)

August 4-8, 2014

Melbourne, Australia

1300 792 466

childtraumaconf@icms.com.au

<http://www.childtraumaconf.org/accommodation.php>

Crimes Against Children Conference(DCAC)

August 11-14, 2014

Dallas, TX

(214) 818-2687

conference@dcac.org

<http://cacconference.org/dcac/default.aspx>

SMART

Ritual Abuse And Extreme Abuse Clinician's Conference

August 15, 2014

Licensed practitioners CEUs are available.

<http://ritualabuse.us/smart-conference/ritual-abuse-and-extreme-abuse-clinicians-conference-2014/>

SMART

August 15 - 17, 2014

Windsor Locks, CT

S.M.A.R.T., P. O Box 1295, Easthampton, MA 01027-1295

smartnews@aol.com

<http://ritualabuse.us/smart-conference/>

IVAT: Preventing, Assessing and Treating Child, Adolescent, and Adult Trauma

Sept 7-10, 2014

San Diego, CA

<http://www.ivatcenters.org/>

ISTSS

Addressing the Effects of Childhood Trauma Across the Life Span

November 6 -8, 2014

Miami, Florida, USA

<http://www.istss.org/Home1.htm>

NEWS AND LINKS

The Witch-Hunt Narrative Politics, Psychology, and the Sexual Abuse of Children Ross E. Cheit Oxford University Press "As Ross Cheit demonstrates in his exhaustive account of child sex abuse cases in the past two and a half decades, purveyors of the witch hunt narrative never did the hard work of examining court records in the many cases that reached the courts throughout the nation. Instead, they treated a couple of cases as representative and concluded that the issue was blown far out of proportion. Drawing on years of research into cases in a number of states, Cheit shows that the issue had not been blown out of proportion at all. In fact, child sex abuse convictions were regular occurrences, and the crime occurred far more frequently than conventional wisdom would have us believe. "
<http://global.oup.com/academic/product/the-witch-hunt-narrative-9780199931224>

Derry home 'colluded' with RUC and clergy to hide truth of abuse, inquiry hears Witness accuses state agencies of failing a generation of children in residential care <http://www.irishtimes.com/news/crime-and-law/derry-home-colluded-with-ruc-and-clergy-to-hide-truth-of-abuse-inquiry-hears-1.1711031>

British children caught up in one of world's worst ever porn rings: More than 250 youngsters worldwide aged as young as three exploited through social networking sites
<http://www.dailymail.co.uk/news/article-2584585/British-children-caught-one-worlds-worst-porn-rings-More-250-youngsters-worldwide-aged-young-two-exploited-social-networking-sites.html>

San Jose Teen: Satanism Allowed Me to Kill Classmate <http://www.nbcbayarea.com/news/local/San-Jose-Teen-Satanism-Allowed-Him-to-Kill-Classmate-248252881.html>

'My life with the thrill-kill cult' By Francis Scarcella about Miranda Barbour
<http://nypost.com/2014/03/01/my-life-with-the-thrill-kill-cult-teen-serial-killer-tells-all/>

'If I get out of here I'd do it again': Mother admits Craigslist killer kept a horror journal detailing murders as she claims she would have spared her married victim if he'd told her 16 was too young for sex
Miranda Barbour, 19, says that she is confessing to the killings to keep her behind bars so she won't kill again
<http://www.dailymail.co.uk/news/article-2571246/If-I-Id-Mother-admits-Craigslist-killer-kept-horror-journal-detailing-murders-claims-spared-married-victim-hed-told-16-young-sex.html>

The battle for a nation's soul: How the cult of Santa Muerte has infested Mexico's drug cartels with gruesome consequences <http://www.news.com.au/world/the-battle-for-a-nations-soul-how-the-cult-of-santa-muerte-has-infested-mexicos-drug-cartels-with-gruesome-consequences/story-fndir2ev-1226867231755>

Tony Alamo victims awarded \$525 million; L.A. properties may be sold
<http://www.latimes.com/nation/nationnow/la-na-nn-tony-alamo-arkansas-victims-20140228,0,2016670.story>

Researchers Say Super Bowl Sex Trafficking Included Minors - Here & Now
<http://hereandnow.wbur.org/2014/03/06/superbowl-sex-trafficking>

World E.U. Study: One Third Of E.U. Women Suffer Abuse <http://time.com/12705/study-one-third-of-e-u-women-suffer-abuse/>

Unlearned lessons from the McMartin Preschool case
<http://blogs.brown.edu/rcheit/2014/03/31/unlearned-lessons-of-the-mcmartin-preschool-case/>

The Problem of Campus Sexual Assault When young women get to college, nearly 20% of them will be victims of attempted or actual sexual assault, as will about 6% of undergraduate men.
<http://www.childlaw.us/the-problem-of-campus-sexual-assault/>

Children of serial killer Robert Pickton's victims will split \$4.9M in compensation fund
<http://www.theprovince.com/news/Children+serial+killer+Robert+Pickton+victims+will+split/9631594/story.html>

3 Cognitive Strategies That Deny, Discount, & Dismiss Torture: How Individuals, Groups, Governments, & Cultures Enable Torturers <http://kspope.com/torvic/torture-abst.php>

Former child star discusses sex abuse in Hollywood http://articles.philly.com/2014-04-10/news/49035172_1_corey-feldman-goonies-crime-victims

ON-GOING MEETINGS AND TRAINING OPPORTUNITIES

More information is available at <https://survivorship.org/events/>

ASCA (Adult Survivors of Child Abuse)
On-going meetings in CA, FL, IL, NE, NJ, NY, NC, RI, and South Africa
info@ascasupport.org
www.ascasupport.org

Christina Arguello
http://therapists.psychologytoday.com/rms/prof_detail.php?profid=119345&sid=1336589023.0802_18054&city=San+Francisco&county=San+Francisco&state=CA&spec=19

Intensive Trauma Therapy, Morgantown, WV.
Free Thursday morning Trauma Seminars
info@traumatherapy.us
<http://www.traumatherapy.us>

Survivors of Incest Anonymous
SIA holds 12-step meetings for incest survivors. Those designated "Nothing Too Heavy to Share" meetings are designed for ritual abuse survivors.
410-282-3400
<http://www.siawso.org>
SIA Coming Home phone meeting
Daily at 8:30 am pst

Trauma Center at JRI

Free lecture each Thursday of the month, 12-1 p.m., Brookline, MA

moreinfo@traumacenter.org

617- 232-1303

www.traumacenter.org/training/workshops.php

Womencare Counseling Center

Weekly ongoing groups, Evanston, IL

info@womencarecounseling.com

847-475-7003

www.womencarecounseling.com

Women's Center, 46 Pleasant Street, Cambridge, MA

Weekly and monthly groups for survivors of child sexual abuse, incest survivor's interfaith quilt project, Survivors of Incest Anonymous, eating disorder support group, emotional healing group, more.

info@cambridgewomenscenter.org

Phone: 617-354-6394

Helpline. 617-354-8807

<http://www.cambridgewomenscenter.org>

Dissociation & Trauma Clinical Discussions

The Dissociation & Trauma Clinical Discussions (DissTCD) list has been created to allow for clinical discussions for all licensed mental health counselors and retired licensed mental health counselors around the world. If you have a related license or degree, please write for more information at DissTCD-owner@yahoogroups.com

<http://groups.yahoo.com/group/DissTCD>

Survivorship is presenting this as information and cannot guarantee your safety. If you choose to get involved, please know that you are choosing to do this at your own risk. We advise having a back up support system in place before. If you know of other groups that are active and have been helpful, please do let us know.

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)

HOTLINES FAMILIAR WITH RA ISSUES

* Bay Area Women Against Rape (BAWAR): 510-845-7273

* San Francisco Women Against Rape (SFWAR): 415-647-7273

* Women's Center, Cambridge, MA: 617-354-8807