

# Survivorship Notes



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March and April 2014

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Dear Survivorship Community,

Celebrating our 25<sup>th</sup> anniversary at the upcoming May Survivorship conference: Survivors Helping Survivors, is going to be a conference to remember. Check out the website to see the lineup of presenters <https://survivorship.org/survivorship-ritual-abuse-and-child-abuse-2014-conference/>

Two days of survivor and professional workshops, a safe room, great price, good food, safe environment, a chance to mingle with others who share your experience. Join together in this unique opportunity to bring the movement forward.

Added this year is an **open mic Saturday Evening 7:00 pm – 8:30 pm**

If you would like to show off your talent, please contact [info@survivorship.org](mailto:info@survivorship.org) to be put on the list.

I'm sure you know that Survivorship is run by a dedicated group of volunteers who donate willingly of their time and effort. We ask, if you are able, to donate what you can to help support other survivors and the Survivorship family. We are asking for a suggested donation of \$10 for the open mic evening at the conference and, if you are able, think about providing a donation to help a member attend the conference.

For a limited time only, anyone who makes a donation to Survivorship will have their name (or the name of their choosing) appear in the 25th Anniversary of Survivorship Year Book which will be available at this year's conference.

This is our Ship and we want to get as many people on board as possible by providing help, support, guidance, and wisdom.

Survivorship Board of Directors

Micaela, Neil, and Shamaï

**Survivorship's blog** is at <https://survivorshipwp.wordpress.com>  
**Survivorship** on *Twitter*: <https://twitter.com/Survivorshiporg>

## Ritual Calendar 2014- Difficult Days

### March

- 3/1 St. Eichstadt. Conjuring of Ninkharsag, Queen of Demons
- 3/1 New Moon
- 3/1 St David's Day
- 3/2 Dionysian Revels
- 3/3 Eastern Orthodox Beginning of Lent
- 3/4 Shrove Tuesday (Mardi Gras)
- 3/5 Ash Wednesday (beginning of Lent)
- 3/9 Festival of Ishtar(Astarte, Aphrodite, Venus)
- 3/12 Rituals of the Elements and Feast of the Times
- 3/15 Ides of March: Rites of Cybele and Attis ( begins twelve day death and resurrection ritual)
- 3/16 Purim
- 3/16 Montsegur Day, persecution of the Cathars
- 3/16 Full Moon
- 3/17 St. Patrick Day
- 3/17 Holi: Hindu: Festival of colors, spring festival
- 3/18 Sheila-na-gig (Sheelah's Day, Sheelahis Day ( Celtic Creatress)
- 3/18 Jacques de Molay Day (Knights Templar)
- 3/20 Feast of the Supreme Ritual, the invocation of Hours: the beginning of the new year
- 3/20 Feast for the Equinox of the Gods:commemorates the founding of Thelema in 1904
- 3/20-3/22 Pelusia, Invocation of Isis. Tubulustrum Roman purification/Shab-i-barat. Night of Forgiveness(Islam), Homage to the God of death
- 3//21 Spring Equinox. Children dedicated to Satan or Tiamet
- 3/21,3/22 Goddess Ostara (Ishtar, Eaostre) for whom Easter is named
- 3/24 Feast of the Beast, Bride of Satan/Feast of Priapus/Festival of Isis
- 3/30 New Moon
- 3/31 Vertmass, feast of green, Green King/fool of love

### April

- 4/1 April Fool's Day, 13 weeks from New Year's Day
- 4/4 Death of Martin Luther King
- 4/4 S Hitler's Birthday (alternate)
- 4/8 Days of the Masters
- 4/8-4/10 The Feast for three days of the writing of the Book of the Law
- 4/8 Rama navami: Hindu Birth of Lord Rama
- 4/9 Maundy Thursday, Last Supper of Jesus and Apostles
- 4/13 Palm Sunday
- 4/14-22 Passover
- 4/15 Full Moon
- 4/15 Penumbra lunar eclipse. Visible in east Australia, the Pacific, and North and South America
- 4/15 Hanuman Jayanti: Hindu: Birth of Hanuman, shape shifter
- 4/18 Good Friday
- 4/19 First day of the 13 day Satanic fire ritual Baal, Nimrod, major human child sacrifice
- 4/19 Holy Saturday
- 4/20 Hitler's birthday
- 4/20 Easter

4/21 St George's day/national day in the UK  
4/21-5/1 Grand Climax/Da Meur/ preparation for Beltane  
4/22-4/29 Preparation for sacrifice  
4/25 Partial Lunar eclipse. Visible in Europe, Africa, Western Asia. Western Australia  
4/26-5/1 Corpus de Baahl  
4/27 Yom Hashoah Holocaust Remembrance Day  
4/29 New Moon  
4/29 Annular solar eclipse. Visible in India, Australia, Antarctica  
4/30 Queen's Day ( Netherlands)  
4/30 Anniversary of Hitler's death  
4/30 Walpurgisnacht (May eve) major festival day  
4/30-5/5 Grand Climax/Da Meur/ Beltane

Excerpt V, Speech for Survivorship Conference, 2013

*The following is the final excerpt from a speech entitled "Survivors In Society" delivered by Jenny H., AKA Somerset.*

I'd like to share a long passage from Wikipedia now. I wanted to read from the book *Living with Intensity* edited by Susan Daniels, which has become one of my favorite books during this phase of my life. I highly recommend it. And apparently I recommended it so highly that I loaned it to someone and haven't seen it for months now. So here's the Wikipedia version. It's a little dense, but I hope it communicates a framework for my belief that survivors on this healing path are very special and very important. (ed. Note, since Wikipedia can be unreliable, these links can give you the same information <http://positivedisintegration.com/> <http://www.personality-development.org/theories-personality-development/kazimierz-dabrowski>)

### **Kazimierz Dabrowski's theory of positive disintegration**

Dabrowski observed that most people live their lives in a state of "primary or primitive integration" largely guided by biological impulses ("first factor") and/or by uncritical endorsement and adherence to social convention ("second factor"). He called this initial integration Level I. Dabrowski observed that at this level there is no true individual expression of the autonomous human self. Individual expression at Level I is influenced and constrained by the first two factors.

The first factor channels energy and talents toward accomplishing self-serving goals that reflect the lower instincts and biological ego — its primary focus is on survival and self-advancement. Often talents are used in antisocial or asocial ways. For example, at the lowest edge of Level I many criminals display this type of selfish behavior. They advance their own goals at the expense of others.

The second factor, the social environment (milieu) and [peer pressure](#), constrains individual expression and [creativity](#) by encouraging a group view of life and discouraging unique thought and expression. The second factor externalizes values and mores, thereby externalizing conscience. Social forces shape expectations. Behavior and one's talents and creativity are funneled into forms that follow and support the existing social milieu. "My mom says we should always be aware of what our lawn looks like because we want other people to think well of us when they drive by." Because conscience is derived from an external social context, so long as society holds ethical standards, people influenced by the second factor will behave ethically. However if a society, church, or government becomes corrupt, as in Nazi Germany, people strongly influenced by the second factor will not dissent. [Socialization](#) without individual examination leads to a rote and robotic existence (the "robopath" described by [Ludwig von Bertalanffy](#)). Individual reactions are not unique, they are based upon social contexts ("I cry at funerals and laugh at weddings — everyone does"). According to Dabrowski, people primarily motivated by second factor represent a significant majority of the general population.

Dabrowski felt that our society was largely influenced by these lower two factors and could be characterized as operating at Level I. For example, our emphasis on corporate success ("a dog eat dog mentality") means that many [CEOs](#) operate on the basis of first factor — they will quickly sacrifice another to enhance their own advancement. As well, our educational, political, corporate, and media systems are self-promoting and discourage real examination or individual autonomy — the second factor.

Dabrowski also described a group of people who display a different course: an individualized developmental pathway. These people break away from an automatic, rote, socialized view of life (which Dabrowski called negative adjustment) and move into and through a series of personal disintegrations.

D browski saw these disintegrations as a key element in the overall developmental process. Crises challenge our [status quo](#) and cause us to review our self, ideas, values, thoughts, ideals, etc. If development continues, one goes on to develop an individualized, conscious and critically evaluated [hierarchical](#) value structure (called positive adjustment). This hierarchy of values acts as a benchmark by which all things are now seen, and the higher values in our internal hierarchy come to direct our behavior (no longer based on external social mores). These higher, individual values characterize an eventual second integration reflecting individual autonomy and for D browski, mark the arrival of true human personality. At this level, each person develops his or her own vision of how life ought to be and lives it. This higher level is associated with strong individual approaches to problem solving and creativity. One's talents and creativity are applied in the service of these higher individual values and visions of how life could be - how the world ought to be. The person expresses his or her "new" autonomous personality energetically through action, art, social change and so on.

I want to thank the healing folks in this room. Please don't think of yourself as alone. As you heal, as you are ready, hold your strength and your capacity for truth in high regard. These are our shining gifts.

I'll close with a quote from Herman Melville's Moby Dick:

The Catskill Eagle  
An excerpt from Melville's Moby Dick

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There is a wisdom that is woe; but there is a woe that is madness.

And there is a Catskill eagle in some souls that can alike dive down into the blackest gorges, and soar out of them again and become invisible in the sunny spaces. And even if he forever flies within the gorge, that gorge is in the mountains; so that even in his lowest swoop the mountain eagle is still higher than other birds upon the plain, even though they soar.

## **CONFERENCES, WEBINARS, WORKSHOPS, AND TRAINING**

***PODS Workshop/Training Day*** “Working with Relational Trauma – Attachment and Healthy Relationships.”

March 1, 2014

Crawley, England

<http://www.pods-online.org.uk/events.html>

***Prevent Child Abuse Texas***

March 3-4, 2014

San Antonio, Texas

[conferences@preventchildabusetexas.org](mailto:conferences@preventchildabusetexas.org)

<http://www.preventchildabusetexas.org/nextconference.html>

***BAWAR***

Women’s History/Trivia night

March 9, 2014

<http://www.whmtrivia.org/>

***Breaking the Silence, Offering Hope, Healing, and Support for Male Survivors of Sexual Abuse and Assault***

March 11, 2014

Honolulu, HI

[https://www.regonline.com/breakingthesilence2013eventcopy\\_1339025](https://www.regonline.com/breakingthesilence2013eventcopy_1339025)

***11th Annual Hawaii Conference: Preventing, Assessing & Treating Child, Adolescent & Adult Trauma***

March 11-14, 2014

Honolulu, HI

<http://www.cvent.com/events/11th-annual-hawaii-conference-preventing-assessing-treating-child-adolescent-adult-trauma/event-summary-a3c5d69f8c4a400abf8304d7ae589bcf.aspx>

***Children Exposed to Violence***

March 13, 2014

Bettendorf, IA

<http://www.childabuseqc.org/events.php>

***CCAA (Canadian Child Abuse Association)***

Alberta, Canada

<https://reg.conexsys.com/forensic13-14>

1. Forensic Child Interviewing

Online sessions: Mar 10, 17, 24, 2014 at 7–8 PM

3. Critical Thinking, False Allegations

4. The Investigative Context, Testifying in Court and Preparing Children to Testify

Online sessions: May 12, 20, 26, 2014 at 7–8 PM

***Strengthening Families: Responding to Abuse and Neglect of Infants and Toddler***

March 5, 2014/ April 15, 2014

Webinar Series

<http://www.familyresourcecenters.net/event-registration/>

***PODS***

***Living and Working with Dissociation***

- 8 March 2014 in Liverpool
- 29 March 2014 in Glasgow
- 10 May 2014 in Kent
- 17 May 2014 in Exeter
- 14 June 2014 in Rotherham
- 12 July 2014 in Crawley
- 4 October 2014 in Darlington
- 29 November 2014 in Huntingdon
- 6 December 2014 in London

***Trauma and the Body: Somatisation and Dissociation***

7 June 2014 in Manchester

5 July 2014 in London

1 November 2014 in Ipswich

8 November 2014 in Rotherham

***Relational Trauma: Attachment***

1 March 2014 in Crawley

<http://www.pods-online.org.uk/>

[info@pods-online.org.uk](mailto:info@pods-online.org.uk)

<http://www.pods-online.org.uk/events.htm>

***IVAT: Preventing, Assessing and Treating Child, Adolescent, and Adult Trauma***

March 11 - 13, 2014

Honolulu HI

Sept 7-10, 2014

San Diego, CA

<http://www.ivatcenters.org/>

***Broken Bonds: Traumatic Attachment and Affect Dysregulation***

March 19, 2013

Kentucky Psychological Society, Lexington, Kentucky

[kps@kps.org](mailto:kps@kps.org)

***Traumatic Attachment and Affect Dysregulation***

March 20, 2013

New York, NY

[www.pesi.com](http://www.pesi.com)

***A Brighter Future:***

March 21, 2014

University Readiness Center at USC Upstate.

[http://www.uscupstate.edu/childadvocacyconference/Symposium on Child Abuse](http://www.uscupstate.edu/childadvocacyconference/Symposium%20on%20Child%20Abuse)

March 24-27, 2014  
Huntsville, Alabama  
<http://www.nationalcac.org/national-conferences/symposium.html>

***ESTD***

Trauma, Dissociation and Attachment in the 21st Century:  
Where are we Heading?  
March 27-29 2014  
Denmark, Copenhagen  
<http://www.estd.org/>

***Child Abuse Prevention Conference***

March 27, 2014  
Amarillo, TX  
[http://amarilociviccenter.com/?tribe\\_events=child-abuse-prevention-conference](http://amarilociviccenter.com/?tribe_events=child-abuse-prevention-conference)

***Prevent Child Abuse Wisconsin***

April 2 - 3, 2014  
Lake Geneva, WI  
<http://www.chw.org/display/PPF/DocID/49536/router.asp>

***Trauma and Abuse Group (TAG) National Conference***

April 4 - 6, 2014  
Swanwick, Derbyshire, England  
<http://www.tag-uk.net>

***Christian Association for Psychological Studies International Conference. "Trauma Through the Lens of Dissociation."***

April 5,6, 2014  
Portland, OR.  
<http://caps.net/conferences/2014/2014-home>

***CA Protective Parents Association Child Sexual Abuse Conference***

April 5, 2014  
Davis CA  
Connie Valentine [cppa001@aol.com](mailto:cppa001@aol.com)  
<http://www.mothers-of-lost-children.com/>

***Protecting Our Children: National American Indian Conference (NICWA)***

April 13-16, 2014  
Fort Lauderdale, FL  
Contact: Lauren Shapiro  
(503) 222-4044  
[lauren@nicwa.org](mailto:lauren@nicwa.org)  
<http://www.nicwa.org/conference>

***Child Abuse and Family Violence Summit***

April 22-25, 2014

Portland, OR

<http://www.clackamas.us/sheriff/summit/>

***Conference on Sexual Assault, Domestic Violence and Trafficking***

April 22 - 24, 2014

Seattle, WA

<http://www.evawintl.org/conferencedetail.aspx?confid=14>

***Mini Child Abuse and Neglect Conference***

April 24, 2014

Atlanta, GA

<http://www.choa.org/childrens-hospital-services/child-protection-center/prevention-and-training/mini-conference>

***Sara Schuh Child Abuse Conference***

April 24-25, 2014

Mount Pleasant, SC

Contact: Anna Shaw

843.723.3600

[ashaw@dnlcc.org](mailto:ashaw@dnlcc.org).

<http://www.dnlcc.org/index.php/us/resources/professional-trainings/118-sara-schuh-conference->

***Conference on Child Maltreatment***

April 24-25, 2014

Pittsburgh, PA

<http://www.chp.edu/CHP/child+maltreatment+conference>

***NYS Child Abuse Prevention Conference***

April 28-30, 2014

Albany, NY

[http://www.preventchildabuseny.org/news\\_events/nys-child-abuse-prevention-conference/](http://www.preventchildabuseny.org/news_events/nys-child-abuse-prevention-conference/)

***Conference on Child Abuse***

April 30/May 1, 2014

Fairview Heights, IL

<http://www.downstateconference.com/>

***Conference on Child Abuse and Neglect***

CB-OCAN/NCCAN

April 29-May 2, 2014

New Orleans, LA

<http://www.paltech.com/web/NCCAN19/files/19th%20NCCAN%20National%20Planning%20Webinar.pdf>

[NCCAN@pal-tech.com](mailto:NCCAN@pal-tech.com)

**Mothers Day March. Mothers of Lost Children** will be marching again in Washington D. C.  
May 9-12, 2014  
<http://www.mothers-of-lost-children.com/>

**Collaborative Response to Interpersonal Violence**  
Domestic Violence, Sexual Assault and Child Abuse  
May 14, 2014  
Greenwood, SC  
contact@beyondabuse.info

**SURVIVORSHIP**  
Survivors Helping Survivors  
May 17-18, 2014  
Oakland, CA  
<https://survivorship.org/survivorship-ritual-abuse-and-child-abuse-2014-conference/>

**Trauma Talks: Advancing Cultural Understandings**  
May 30, 2014  
Toronto, Ontario, Canada  
<http://www.traumataalks.ca>  
[debbie@traumataalks.ca](mailto:debbie@traumataalks.ca)  
416.323.6400 ext 4313

**International Family Violence and Child Victimization Research Conference**  
July 13 - 15, 2014  
Portsmouth, NH  
<http://cola.unh.edu/fri/conference>

**SMART**  
August 15 - 17, 2014  
Windsor Locks, CT  
S.M.A.R.T., P. O Box 1295, Easthampton, MA 01027-1295  
[smartnews@aol.com](mailto:smartnews@aol.com)  
<http://ritualabuse.us/smart-conference/>

**SMART**  
Ritual Abuse And Extreme Abuse Clinician's Conference  
August 15, 2014  
Licensed practitioners CEUs are available.  
<http://ritualabuse.us/smart-conference/ritual-abuse-and-extreme-abuse-clinicians-conference-2014/>

**ISTSS**  
Addressing the Effects of Childhood Trauma Across the Life Span  
November 6 -8, 2014  
Miami, Florida, USA  
<http://www.istss.org/Home1.htm>

## NEWS AND LINKS

300 victims of child homes horror to tell their story as abuse inquiry finally opens

A £19m Government investigation on the abuse of children over a 73-year period in Northern Ireland residential institutions.

<http://www.belfasttelegraph.co.uk/news/local-national/northern-ireland/300-victims-of-child-homes-horror-to-tell-their-story-as-abuse-inquiry-finally-opens-29910328.html>

Scathing UN report demands Vatican 'immediately' act against child sexual abuse

The United Nations has demanded the Vatican "immediately remove" all clergy who are known or suspected child abusers and turn them over to authorities. <http://www.abc.net.au/news/2014-02-05/scathing-un-report-demands-vatican-act-against-child-sex-abuse/5241300>

Salvation Army 'deeply regrets' sexual abuse of children in its care

Charity acknowledges 'failure of the greatest magnitude' before public hearing into its response to abuse at four of its homes

Australian Associated Press <http://www.theguardian.com/world/2014/jan/28/salvation-army-regrets-sexual-abuse-children-in-care>

Late BBC Host Jimmy Savile Abused 'Up to 1,000 People' (Report) <http://www.hollywoodreporter.com/news/late-bbc-host-jimmy-savile-672456>

U.S. hired Nazis to test LSD and CIA interrogation techniques, book says

<http://www.rawstory.com/rs/2014/02/13/u-s-hired-nazis-to-test-ld-and-cia-interrogation-techniques-book-says/>

What Cold War CIA Interrogators Learned from the Nazis

<http://www.thedailybeast.com/articles/2014/02/11/what-cold-war-cia-interrogators-learned-from-the-nazis.html>

Utah law professor to make case for child-porn victims Restitution <http://www.sltrib.com/sltrib/news/57400897-78/amy-restitution-court-child.html.csp>

An Open Letter From Dylan Farrow

<http://kristof.blogs.nytimes.com/2014/02/01/an-open-letter-from-dylan-farrow/>

What Can We Learn from The Accusations Against Woody Allen?

The current public drama of accusation being played out between Woody Allen's adoptive daughter Dylan Farrow and Woody Allen is a familiar dynamic to child abuse professionals who work in the family court arena.

<http://www.leadershipcouncil.org/1/blog/df.html>

### ***Renewing Your Survivorship Membership***

If you get the Notes by mail, your envelope will be marked to remind you when it's time to renew. For those who get their Notes electronically, we will email you when it is time to renew.

The rates for Survivorship membership have held steady for quite a while, but as costs for mailing and duplicating go up, we hope that some of you will be able to help out by increasing your membership contribution. If you cannot do so, you are definitely welcome to continue at the old rates.

The sliding scale rates for both an Electronic or Regular mail membership is on a sliding scale from \$75 down.

We continue to suggest that health-care professionals contribute \$35.00 toward gift memberships.

<https://survivorship.org/how-to-renew-your-membership/>

## **ON-GOING MEETINGS AND TRAINING OPPORTUNITIES**

**More information is available at <https://survivorship.org/events/>**

ASCA (Adult Survivors of Child Abuse)

On-going meetings in CA, FL, IL, NE, NJ, NY, NC, RI, and South Africa

[info@ascasupport.org](mailto:info@ascasupport.org)

[www.ascasupport.org](http://www.ascasupport.org)

Christina Arguello

[http://therapists.psychologytoday.com/rms/prof\\_detail.php?profid=119345&sid=1336589023.0802\\_18054&city=San+Francisco&county=San+Francisco&state=CA&spec=19](http://therapists.psychologytoday.com/rms/prof_detail.php?profid=119345&sid=1336589023.0802_18054&city=San+Francisco&county=San+Francisco&state=CA&spec=19)

Intensive Trauma Therapy, Morgantown, WV.

Free Thursday morning Trauma Seminars

[info@traumatherapy.us](mailto:info@traumatherapy.us)

<http://www.traumatherapy.us>

Survivors of Incest Anonymous

SIA holds 12-step meetings for incest survivors. Those designated “Nothing Too Heavy to Share” meetings are designed for ritual abuse survivors.

410-282-3400

<http://www.siawso.org>

SIA Coming Home phone meeting

Daily at 8:30 am pst

Trauma Center at JRI

Free lecture each Thursday of the month, 12-1 p.m., Brookline, MA

[moreinfo@traumacenter.org](mailto:moreinfo@traumacenter.org)

617- 232-1303

[www.traumacenter.org/training/workshops.php](http://www.traumacenter.org/training/workshops.php)

Womencare Counseling Center

Weekly ongoing groups, Evanston, IL

[info@womencarecounseling.com](mailto:info@womencarecounseling.com)

847-475-7003

[www.womencarecounseling.com](http://www.womencarecounseling.com)

Women’s Center, 46 Pleasant Street, Cambridge, MA

Weekly and monthly groups for survivors of child sexual abuse, incest survivor’s interfaith quilt project, Survivors of Incest Anonymous, eating disorder support group, emotional healing group, more.

[info@cambridgewomenscenter.org](mailto:info@cambridgewomenscenter.org)

Phone: 617-354-6394

Helpline. 617-354-8807

<http://www.cambridgewomenscenter.org>

Dissociation & Trauma Clinical Discussions

The Dissociation & Trauma Clinical Discussions (DissTCD) list has been created to allow for clinical discussions for all licensed mental health counselors and retired licensed mental health counselors around the world. If you have a related license or degree, please write for more information at [DissTCD-owner@yahoogroups.com](mailto:DissTCD-owner@yahoogroups.com)

<http://groups.yahoo.com/group/DissTCD>

Survivorship is presenting this as information and cannot guarantee your safety. If you choose to get involved, please know that you are choosing to do this at your own risk. We advise having a back up support system in place before. If you know of other groups that are active and have been helpful, please do let us know.

**The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453)**

**HOTLINES FAMILIAR WITH RA ISSUES**

- \* Bay Area Women Against Rape (BAWAR): 510-845-7273
- \* San Francisco Women Against Rape (SFWAR): 415-647-7273
- \* Women's Center, Cambridge, MA: 617-354-8807